

### THE DENTAL MIRROR

100

Official News Bulletin Of Indian Dental Association, Belgaum Branch [ Print & e-News Bulletin ]

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#### Editor's Message

On behalf of the IDA Belgaum Branch, it is with great pride and sincere privilege that I am writing this message to present "The Dental Mirror" a biannual e-magazine launched exclusively to publish the Continuing Dental Education Programs for our professional colleagues, Community Dental Health care activities for the society, sports activities & much more for which we have received many accolades & State Awards. I thank all the members from the bottom of my heart for your great support & encouragement to carry out my duties as Hon. Secretary & Editor of IDA Belgaum Branch.

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IDA Belgaum Branch Team 2023



President's Message

Warm Greetings!! Dear Members,

Education is the most powerful weapon we can use to change the world. It is a matter of pride to pen down the message for the Biannual E-Dental Magazine... a mouth piece of the activities and programs held till date under the able editorialship of Hon Secretary Dr Bindu Hosmani. An active branch with active and enthusiastic members, has carried out CDE, CDH programs and observed all calendar of events in last six months. I would like to appreciate the efforts of CDE Convenor Dr Aditya Acharya and CDH Convenor Dr Venkatesh Telkar under the guidance of Dynamic Hon. Secretary Dr Bindu Hosmani. Learning is a never ending process... With latest innovations and digitalisation in Dentistry, one needs to be updated, enhance one's skills and knowledge. In the coming days we would like to carry out many more CDE programs workshops by renowned speakers for the benefit of our Branch members I look forward for each one's presence, support and cooperation in carrying out the activities and programs of the Branch. I am sure this magazine will be informative and showcase our activities and programs and be a voice of our Branch.

Wish u all a Happy Reading! Best Wishes

Dr Radhakrishna Harwadekar

#### Past President's Message



Dear Members and Colleagues,

It is with immense pride and gratitude that I reflect on my tenure as the President of the Indian Dental Association Belgaum Branch. The journey we embarked on was not only filled with challenges but also with remarkable achievements, all of which were made possible through the power of teamwork. During my term, our dedicated team came together to achieve several milestones that we can all take pride in. We expanded our outreach in the community, organizing numerous dental camps, workshops, and awareness programs to promote oral health. Our commitment to continuing education was unwavering, as we facilitated knowledge-sharing sessions and workshops, elevating the standards of dental care in Belgaum. Together, we forged strong connections with dental professionals, institutions, and government bodies, ensuring that our voice was heard and our concerns addressed.I want to express my heartfelt appreciation to the entire team, both past and present, for their dedication, hard work, and unwavering support. As I step down from the role of President, I am confident that the legacy of our achievements and the spirit of collaboration will continue to flourish. The Indian Dental Association Belgaum Branch is more than just an association; it is a family of like-minded individuals committed to making a difference. Thank you for your trust, your commitment, and your relentless pursuit of excellence. I am proud to have been a part of this remarkable journey with you all. With gratitude and best wishes

Dr Sachin Shivanaikar

Past President, IDA Belgaum Branch



#### IDA BELGAUM BRANCH BAGGED SEVEN AWARDS IN THE STATE

The Indian Dental Association Belgaum Branch Bagged the following awards at the 48<sup>th</sup> IDA Karnataka State Dental Conference held at Kalaburagi from 2<sup>th</sup> to 5<sup>th</sup> December 2022. The Awards are as follows:

The Awards are as follows:
Best IDA President: Dr Sachin Shivanaikar
Best Hon. Secretary: Dr Naveen Dodawad
Best CDH Award: Dr Ashwini Angadi
Best CDE Award: Dr Aditya Acharya
Best All - Round Activity Award
Best Student Activity Award
Best Membership drive award



The Following award was presented by the State IDA President Dr Srinidhi D, State Hon Secretary Dr Shiva Prasad S, Hon Treasurer Dr Sushanth V H and other dignitaries on 2 December 2022.

#### **IDA BELGAUM BRANCH ACTIVITIES**

#### CELEBRATION OF REPUBLIC DAY

IDA Belgaum Branch celebrated 74<sup>th</sup> Republic Day on 26 january @ Laxmi complex Sadashivnagar @ 7.45 am. Flag Hoisting was done by Mr. Mallikarjun Kale Sir, senior collegue of Late Shri Suresh Angadiji along with the staff of MP Smt Mangal Suresh Angadiji. I wholeheartedly thank all the EC members & IDA members for joining the celebration followed by breakfast.



#### WORLD CANCER DAY

- ->On the occasion of World Cancer Day, 4thFeb 2023, theme: "Close the Care Gap"IDA Belgaum Branch organised a short video/ reels competition for the students of KLE Dental College & Maratha Mandal Dental College.The winners were awarded with momentos & certificates.
- ->On the occasion of World Cancer Day,IDA Belgaum Branch member Dr.Nitin Sharma: Oral & Maxillofacial surgeon gave a radio talk @ Venudhwani on the Early detection, Prevention & Treatment of Oral Cancers.

#### INTERNATIONAL WOMEN'S DAY

On the occasion of International Women's Day 8th March,IDA BelgaumBranch conducted a Dental Health checkup & Oral Hygiene awareness camp @Hotel Mahila Aghadi, Kakatives, Shaniwarkoot from 4.30 to 5.30 pm.Oral health care & brushing techniques were told by Dr.SaiChandini through PPT. A total of 50 women workers were examined & given free toothpastes.



#### **1ST CDE PROGRAMME**

Indian Dental Association, Belagavi Branch conducted its 1st CDE programme, with two guest lectures at Hotel UK 27,The Fern on Sunday the 26th March 2023 from 5.30 pm onwards. The Inauguration, lighting of the lamp was done by the President Dr. Radhakrishna Harwadekar, Chief Guest Dr. Alka Kale, Principal Kle VK Institute of Dental sciences, Belagavi, Guest Speakers Mrs Bharati Sukhatankar and Dr Abhishek Kavlekar, Hon Sec Dr. Bindu Hosmani, Hon Jt Secretary Dr. Ashwini and CDE Convenor Dr. Aditya Acharya, and all executive council members. The President Dr Radhakrishna Harwadekar welcomed the guests with samplings and addressed the gathering. Dr Bindu Hosmani introducted the chief guest. Dr Alka Kale, Principal Kle VK Institute of Dental sciences Belagavi, was felicitated on the occasion and madam addressed the gathering. Certificates and prizes were distrubuted to the participants and winner of the Short video/reels competition conducted for students on occasion of World Cancer Day.

KSDC has awarded 3 point for this CDE programme. Dr Ashwini, joint secretary IDA Belgaum Branch was the master of ceremony. Hon Sec Dr. Bindu Hosmani delivered the Vote of thanks followed by National Anthem and dinner.















#### WORLD ENVIRONMENT DAY

World Environment Day today 5th June was celebrated by our IDA State Representative Dr Sameer Pote Sir & Members Dr Arundhati Pote, Dr Ramachandra Talwar, Dr Anil Pote & Dr Surekha Pote as guest (President Jevhala foundation) by planting saplings. And residents were also present.









#### **IDA BELGAUM BRANCH ACTIVITIES**



#### INTERNATIONAL YOGA DAY

IDA Belgaum Branch in collaboration with Shri Pathanjali Yoga Shikshana Samithi celebrated the International Yoga Day on the theme: "Improve ur health one asana at a time"today 21st June morning from 6amto 7.30am @ Shri Veerbhadra temple grounds,SP road, Belgaum.The Yoga class was conducted by Mrs.Sharada Akka & Mr Chinnaswamy for the Samithi members & IDA members.The simple Yoga asanas that help in improving our health & body posture were taught & the session was attended by Dr.Radhakrishna Sir, Dr.Bindu, Dr.Sushant, Dr.Venkatesh, Dr.Sameer Pote Sir, Dr.Arundhati Mam, Dr.Netra Sabnis, Dr.Sanju & Dr.Smita Gudaganatti.The Yoga session was followed by breakfast sponsored by Dr.Radhakrishna Sir, President IDA Belgaum Branch.





#### **IDA BELGAUM BRANCH CDH REPORT**



#### **JANUARY**

- -> Dental health check up and oral hygiene awareness camp conducted by IDA Belgaum Branch on11Jan 2023 at HonkalVillage, Khanapur taluk, Belgaum District
- -> Camp Beneficiaries: Total of 65 age group of 9- 14 were benefitted.

#### **February**

->On the occasion of World cancer day 4th February IDA Belgaum Branch conducted a presentation on early detection of oral, breast and cervical cancers for around 20 adolescent girls, the inmates of Ashraya foundation.

There were 5 camps and 2 radio talks.

-> Camp Beneficiaries : 1020 People







#### March

- -> On the occasion of World oral health day 20th March IDA Belgaum Branch incollaboration with KLE Dental college department of community dentistry conducted oral health and hygiene awareness camp at Government Anganwadi School no 147 Baswankudchi Belgaum. There were 16 camps and 1 radio talk.
- -> Camp Beneficiaries: 687 People.

#### **APRIL**

-> On the occasion of World health day 7th April 2023 Ida Belgaum Branch along with KLE Dental college community dentistry conducted oral health and hygiene awareness camp for villagers at Amte Village Khanapur taluk. Oral screening was done and brushing techniques were taught to the villagers. Free toothpastes and toothbrushes were distributed. -> Camp Beneficiaries: 154 Villagers.



#### **IDA BELGAUM BRANCH CDH REPORT**



#### MAY

- -> On the occasion of World No tobacco day 31st May 2023 IDA Belgaum Branch onducted a screening camp for oral potentially malignant disorders, followed by tobacco awareness. The camp was conducted in collaboration with IPHA (Indian Public Health Association) and KHPT (NGO) from 11.00am to 1.00pm at Government Secondary School Alarwad Village Belgaum
- -> Camp Beneficiaries: 50 Patients.

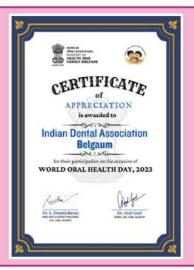
#### JUNE

- -> IDA Belgaum Branch conducted a free oral health and hygiene awareness camp along with free mega medical health camp organised by Hindalco Industries limited under CSR initiative at Holi galli Yamnapur on 4th Junefrom 11.00am to 1.00pm.
- -> Camp Beneficiaries: Total number of patients screened and reffered 89.



# A W A R D S





#### **SPORTS**



"Age is no barrier. It's a limitation you put on your mind." Exercise not only charges your body, it changes your mind, your attitude and your mood.

IDA Belgaum Branch members actively participate in sports like marathon, cricket, badminton, etc.



## Indian Dental Association's Kamasia State Inter Bruch Badminton Tournament - 2023 Heet: IDA Hospet Branch ON 277 AND 287 MAY 2023 Organised by IDA HOSPET Venue: Indoor Sallim, Muscipal Ground, Hoospete, Vilyanagara Dist.

#### **BADMINTON TOURNAMENT**

IDA Karnataka State Badminton tournament held at Hospete won by IDA Belgaum Branch members. Dr Deepa Magadum won Women's Singles Against Dr Arpana ,Women's Doubles and Dr Chaitanya and Dr Deepa won the mixed Doubles against Dr Shashidhar and Dr Arpana. Congratulations to the winners.

